One Health Platform

The platform that brings together experiences that contribute to both the community and nature while healing and having fun

The platform concept is "Harmonious coexistence between people, nature, and oneself". It spreads on thatched accommodations, shrines and temples, and hot springs as core place and connects city and local communities in Japan. Visiting some local areas through this platform, people can feel and experience: spiritual richness and the warmth of people, improving mental and physical health, regeneration of the local nature and the global environment, revitalization of local communities and economies.

In this platform, people can visit, experience, share and enjoy each other's experiences about the essential values of people and nature, regardless of nationality, gender, age, religion, disability, or any other distinctions, while facing themselves, becoming healthy in body and mind, and contributing to the creation of a sustainable society. We will connect such communities across Japan and around the world, build them as "One Health" platform, and re-evaluate society from a planetary health perspective. Compared to Western countries, Japan lags far behind in the fields of the environment, health, energy, and local revitalization, but it is precisely because Japan has a spirituality and culture that has existed in harmony with nature since the Jomon civilization (around 14500 BCE - 500 BCE) that it has hint for creating sustainable and healthy circulated society for people, nature, and local communities. Many people have become aware of the value of essential things such as life, mental and physical health, human interaction, and deep ties with nature because of the COVID-19, and now realize that a city-based lifestyle dependent on the outside economy is fragile. We are facing a mountain of global issues such as the COVID-19, climate change, extreme weather, natural disasters, wars, food, and water problems, however, it would be hoping a creation of a mechanism for a virtuous circle of people, resources, and places around the world, while creating a system that supports relationships between people and places that can be relied on in times of emergency. There, thatching and many other traditional wisdom, activities, and relationships from around the world will be re-evaluated and applied to the present day.

Example of a base area: Keihoku area, Kyoto, Japan

Despite being about an hour's drive from the center of Kyoto, the area still retains an original Japanese land-scape with traditional thatched houses, rivers, and forests, and there are still people who have continued traditional culture and harvested thatch themselves and thatch the roofs. Historically, the area had made a major contribution to the construction of the former capital, Kyoto (794-1868), utilizing the water transport of the Katsura River. This area was owned by Imperial court until the19th century and had continued to provide building materials for the Imperial Palace, shrines, temples, and other important buildings in the capital. At the same time, this area had supplied food, energy, and other products to support life in the capital for over one thousand years. So called, this area is like mother of Kyoto. In this area, there are many historical shrines and temples as well, some of them were founded by Emperors. With such a unique history, this area has much of nature and the original scenic landscape soothes visitors. The region also retains a unique culture, such as natto (fermented soybean paste) rice cakes. There are people who have continued their traditional culture and techniques and many new people from cities are coming to learn sustainability and importance of life in this region.







Thatch around the world

Thatched roofs have traditionally existed all over the world as a primitive way of dwelling for mankind. In Netherlands, Denmark, other European countries, and South Africa, new houses, housing complexes, public facilities are being built. In Japan, we have traditional style of houses and some modern trials nowadays.



Burkina Faso



Ireland





Fiji

New local industries

Most of rural area has rich beautiful natural environment but they also have a lot of challenges:

Lack of tourist destination.

Declining of local industry.

Depopulation and aging society.



There is an abundance of resources that can be put to good use with a few modifications and potential to become a new industry in rural areas by this platform

The Key Base

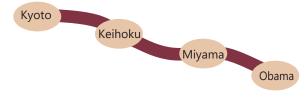
Private accommodation acts as a hub to connect experience providers and experiencers

Example of base, providers and experience



Connection route

Connecting other communities each other A new way of travelling, like a pilgrimage to sacred places



Expanding the network to whole Japan and the world



Example of experience

Such experiences are not just the experience, but also enhancing mental and physical health, facing oneself, and making connection with local communities.





Tree planting



Tea ceremony



Festival



Rethatching house



Forest bathing



Improvement of the ground condition



Thatch harvesting



Rice planting and harvesting



House restoration



Wild vegetable picking

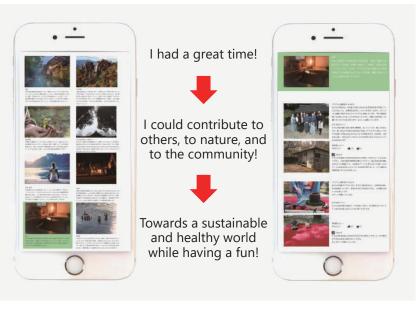


Local traditional events



A platform on the Web

Easy to find areas and experiences of interest anywhere



The essence of people lies in nature A healthy and sound society in which people, nature and society return to their original state and a virtuous circle continues



